

WELCOME

Fellow alumni,

It's December. One year ending, another one beginning. As we count down to a new year, many of us feel sentimental, even nostalgic. We reminisce about phases of our lives that have come and gone. Should old acquaintance be forgot?

Seems like the right time of year to remind you that all U of I alumni and current students are now members of the University of Illinois Alumni Association, free of charge. That entitles you to access the Alumni Career Center, with its extensive jobs database, professional development workshops and networking opportunities. Or search the online directory of more than 600,000 U of I alumni, faculty and staff.

People who choose to upgrade to a Life or Sustaining Membership enjoy added benefits, like a subscription to UIC Alumni magazine and eligibility to stay at Club Quarters hotels in selected major cities for an extremely competitive rate.

A favorite benefit of UIAA membership is the Find-a-Friend feature—a huge database that can help you find a lost classmate, roommate or friend. Use it, and you can welcome 2011 knowing you haven't let old acquaintance be forgot.

Find out all you need to know about UIAA at www.uiiaa.org. Happy new year to all!

— Art Slowinski, MVSC '94

NEWS & ANNOUNCEMENTS**AHS mourns the loss of Prof. Gary Kielhofner**

Gary Kielhofner, 61, Wade-Meyer professor and head of occupational therapy for 20 years, died Sept. 2 after a brief illness.

Joining our college in 1986 as department head, Kielhofner built our professional master's degree program in OT into the nation's No. 4 program of its kind, according to U.S. News and World Report. He was also a key contributor to the creation of the PhD program in disability studies and the doctorate in occupational therapy.

Kielhofner was an internationally recognized expert in his field. As a student earning his doctorate in public health at UCLA, he began developing his "Model of Human Occupation," a ground-breaking view of how human occupation is motivated, patterned and performed. MOHO debuted in 1980 and is still in use by therapists around the world, with a robust online clearinghouse where fellow researchers can obtain assessments created by Kielhofner, his colleagues and students.

"His work will persevere for generations to come, as he changed the way we think and conduct research, the way we conceive occupation, and the way we help clients live fulfilling lives," wrote Yolanda Suarez-Balcazar, professor and current OT department head, in a note to the college following Kielhofner's death.

During his nearly 40-year career in research and teaching, Kielhofner authored 19 books and several hundred papers published in numerous languages. He served on the editorial board of leading

professional journals in the U.S. and around the world.

Kielhofner is survived by his wife Renee Taylor, professor of occupational therapy at AHS, as well as his two children, his parents, and his four sisters and their husbands.

Memorial gifts may be made to the University of Illinois Foundation-UIC OT Model of Human Occupation Research and Scholarship Fund, or the Mercy Foundation Hospice Fund-Gary Kielhofner.

Big grant for research on obesity in youth with disabilities

Disability and Human Development professor James Rimmer has received \$2 million in funding for the "UIC Obesity Research Project on Prevalence, Adaptations and Knowledge Translation in Youth and Young Adults with Disabilities from Diverse Race/Ethnic Backgrounds."

Funded by the U.S. Department of Education's National Institute on Disability and Rehabilitation Research, the project expands ongoing research on obesity in youth and young adults with disabilities by addressing (1) significant gaps in the literature related to prevalence, risk factors and consequences of obesity; (2) successful and promising community-based strategies for obesity prevention; and (3) issues that limit the translation of research findings into accessible information. The research targets people ages 15 to 25 with physical and cognitive disabilities from culturally diverse racial and ethnic backgrounds. The five-year project runs through September 2015.

Learn more about diet and medicine

Do soft drinks affect bone health? Does pomegranate juice prevent prostate cancer? Get answers to these questions and more in a new workshop series on nutritional medicine.

In collaboration with faculty from our program in nutrition, Rush University Medical Center is offering "Nutritional Medicine for Adults," a series of workshops offered a la carte and applicable toward a certificate. Designed for dietitians and other allied health professionals as well as physicians, nurses and pharmacists, the workshops will focus on nutrition science, research methodology and nutrition as it relates to different body systems, conditions and diseases. The program will also provide cutting-edge information on nutritional factors for adult health and prevention of chronic conditions associated with aging.

Participants can earn up to 10 continuing medical education or nursing continuing education credits that they can apply towards licensing requirements. To earn the certificate, participants must complete a minimum of six workshops.

At time of writing, workshop organizers were seeking to ensure that dietitians and other health professionals can earn continuing education credits by participating. Call (708) 660-2128 to inquire about CEs for your field.

The first three workshops will take place at Rush University Medical Center in Chicago on January 17-18; March 3-4; and June 1-2.

To learn more and get a list of topics and presenter for the January workshop, visit www.rushu.rush.edu/nutrepi or call (708) 660-2100.

KINESIOLOGY NEWS

Bachelor's degree grads: Find jobs, old friends and more via new listserv

The AHS bachelor's program in kinesiology has initiated a new alumni listserv that shares information about job openings, professional news and events, our college's offerings, alumni gatherings, and more. To join, e-mail Karrie L. Hamstra-Wright at khamst1@uic.edu, putting "join alumni listserv" in the subject line. Include your full name at graduation and your graduation year. Please note that this listserv is designed only for alumni of the *bachelor's program in movement sciences/kinesiology*.

The former lead the future

About 40 current undergraduate students in kinesiology attended the 3rd annual "Alumni Chat" on Oct. 14. Hosted by the college's Academic Support and Advising Program, the event gathers alumni and friends working in a range of professions to help students consider the breadth of career options available after graduation. This year's experts represented careers in occupational therapy, physical therapy, healthcare administration, politics and law. Expert guests included Michelle Cantave, DPT '10, AHS Alumni Board member Anne Kiraly, OTD '08, and Chicago Alderman Ariel Reboyras, Kines '78.

Reflect

On Saturday, Feb. 26, join fellow University of Illinois alumni for an educational experience at the Illinois Holocaust Museum in Skokie. U of I history professor Peter Fritzche will present a short talk before guests begin self-guided tours. The ticket includes lunch and access to special and permanent exhibits. To learn more, call (888) 333-9644 or visit www.las.illinois.edu/alumni.

MAKE A GIFT

Your support of the AHS Annual Fund makes a real difference

The AHS Annual Fund provides the college with current-use funds that are put towards immediate program enhancements.

Your gift of any size from \$25 to \$5,000 will help AHS to:

- upgrade instructional technology in classrooms
- enrich scholarship funds and award programs
- send students to professional conferences
- improve student learning and living spaces
- support many more vital endeavors in the college

To give, please call Jon Santanni at (312) 413-9180, or visit us online at [Support AHS](#). Thank you for your generosity!

Hellooooo, alumni!

We're always interested in what you're doing these days. Please send us updates on you!

Where are you living? Where are you working? How has your life developed, personally and professionally? How has your degree figured into your life since you left us?

We'd love for our newsletters and magazine to feature more news about you and your fellow alumni so that the publications can better connect you with your time here at the UIC College of Applied Health Sciences. Please send news to ahsalum@uic.edu!

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(i1), The AHS Alumni E-Newsletter is sent to college alumni and friends on a quarterly basis. Questions or comments? Send an email to advanceahs@uic.edu.

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